

SINCLÈTICA SPRING LECTURES 2020: **THE BODY**

FRIDAY

March 20

the program on Friday is optional

18:00 - 18:45 45' silent meditation
with a brief intro / conclusion

optional prayer with the monastic community

19:30 - 21:00 introduction to the program

SATURDAY

March 21

optional prayer with the monastic community

9:15 - 12:00 **musical approach**
Prof. Dr. Josep M Gregori i Cifré

12:15 - 12:45 Chi-kung exercises
optional

LUNCH (13:00)

14:30 - 17:15 **biblical approach**
Prof. Dr. Silke Petersen

17:30 - 18:15 45' silent meditation

18:15 - 21:00 **fine arts approach**
Lic. Anna Pou van den Bossche

SUNDAY

March 22

optional prayer with the monastic community

10:00 - 12:45 **theological approach**
Dr. Teresa Forcades i Vila

13:00 - 13:20 Chi-kung exercises
optional

LUNCH (13:30)

15:00 - 17:45 **literary approach**
Lic. Marta Pessarrodona i Artigues

17:45 - 18:45 closing discussion
with Gregori / Petersen / Pou /
Forcades / Pessarrodona

optional prayer with the monastic community